

# H&I AA Meeting Script

(suggestion)

Good evening. This is the regular \_\_\_\_\_ (date and time)  
H&I AA meeting at \_\_\_\_\_ (facility). My name  
is \_\_\_\_\_ I am an alcoholic and your Secretary.

Let us open the meeting with a moment of silence to do with as you wish  
followed by the serenity prayer.

**God, grant me the serenity to accept the  
things I cannot change, courage to change the things  
I can, and the wisdom to know the difference.**

Alcoholics Anonymous is a fellowship of men and women who share their  
experience, strength and hope with each other that they may solve their  
common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are  
no dues or fees for AA membership; we are self-supporting through our own  
contributions.

AA is not allied with any sect, denomination, politics, organization or  
institution; does not wish to engage in any controversy; neither endorses nor  
opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve  
sobriety.

\_\_\_\_\_ will now read "How it Works" from Chapter 5 of the AA  
Big Book.

May we now hear the 12 steps.

It is a custom of this group to ask if there are any new members. A new  
member is anyone in their first 30 days and has a desire to stop drinking (or

using.) Are there any new member who would like to introduce them selves by first name only?

Is anyone celebrating an anniversary for a length of sobriety?

In this meeting we observe the custom of no cross talking. Cross talking is defined as commenting on what some else has said, interrupting, or any other verbal response to what someone else has shared on. If you do want to address someone's share, please wait until after the meeting.

Tonight we will \_\_\_\_\_  
(choose a reading, hear a share, focus on a topic etc.)

We will follow with round-robin sharing. Please limit your share to 2-3 minutes so that other can also have time to share.  
If you wish to pass, simply do so.

### **Closing:**

Would someone like to read The Promises?

AA literature is available for free, just ask. (if you have literature available.)

We will close the meeting with the Serenity Prayer

#### *Tips:*

*If you choose a discussion topic: since most of the inside members will have relatively short-term sobriety, or are entirely new to A.A., make it clear they are also free to ask questions. Experience has shown that the following should be encouraged during discussion: • Focus on the solution – sponsorship and the steps. • Keep the discussion confined to what A.A. can do to help and away from outside issues. • Side conversations and other disruptions should be discouraged as disrespectful to the person who is speaking.*